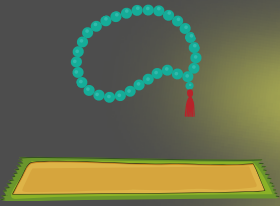
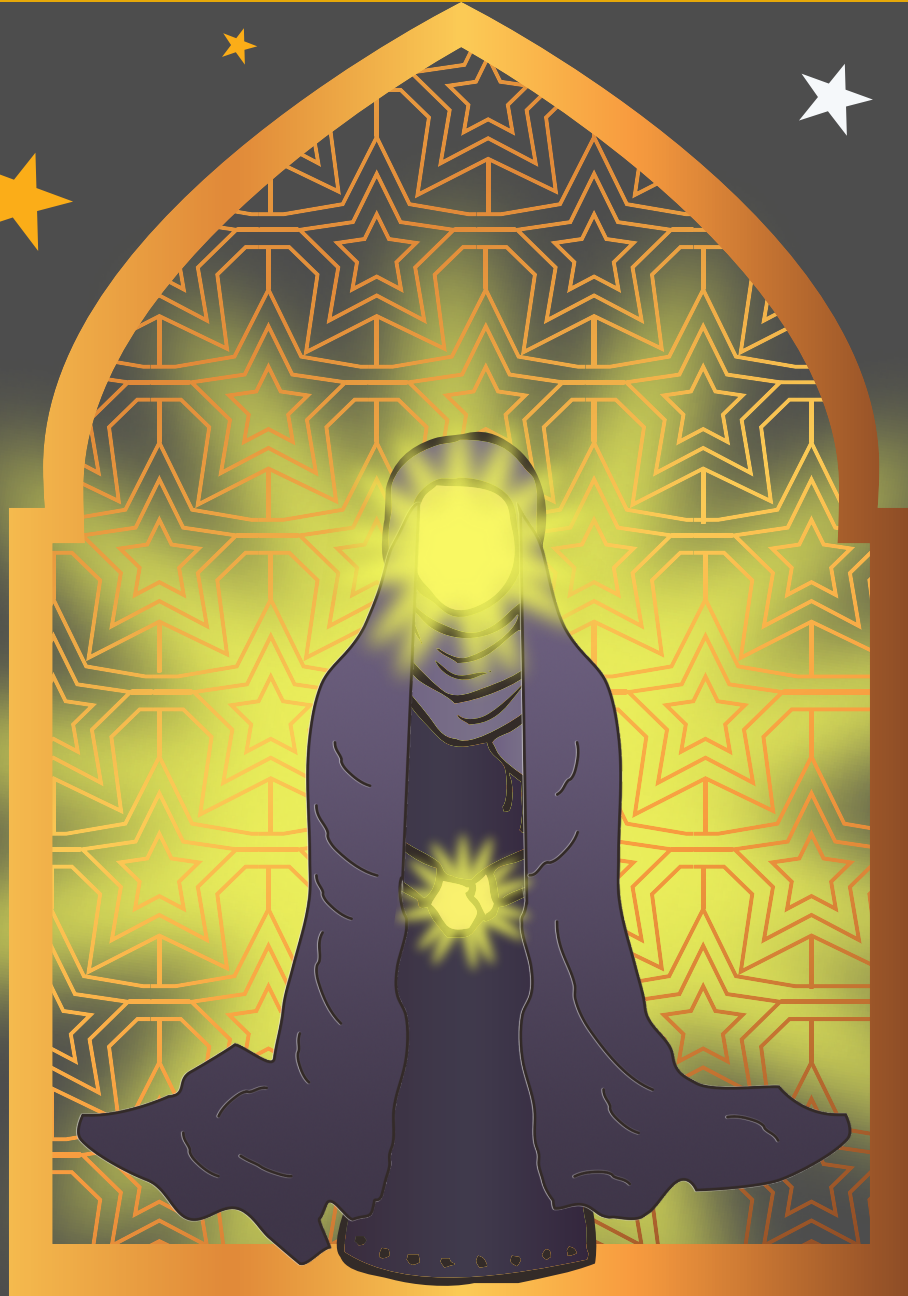


# Fatimiyah Workbook



فَاطِمَةُ الزَّهْرَاءِ

Fatimah Az Zahra (sa)

For Ages

6-9

Reflect 14

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

In the name of God,  
the Most Gracious, the Most Merciful.



*Dedication*

To our Lady of Light  
Sayyida Fatimah(sa).

May she guide and protect the children of  
all momineen around the world.



**Comments & Feedback:**

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www.reflect14.org

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*This  
workbook  
belongs to*





# Days of Fatimiyah

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

**"Fatimah is part of me, and whoever pleases her, pleases me."**

**-Prophet Muhammad (s)**

In the Islamic year, during the month of Jamadi al Awwal and Jamadi al Thani, there are some days in which we mourn the tragedy which took place on our spiritual mother **"Sayyida Fatimah (sa)"**. These days are called, **"The days of Fatimiyah"**, which refers to her name.

The days of Fatimiyah occur in two Islamic months, because we have two different dates for her death anniversary. According to one narration, she passed away **75 days** after the death of our Holy Prophet(s), whereas in another narration it happened after **95 days**. Therefore, to respect and honor her, we remember Sayyida Fatimah (sa) on both of these dates.

In these days of Fatimiyah, we learn about the personality of Sayyida Fatimah(sa) by listening to majlis, reading books about her life, and completing some activities to gain more knowledge about her. This workbook is designed to improve our understanding about Sayyida Fatimah(sa).



# Who is Sayyida Fatimah (sa)?

Sayyida Fatimah (sa) was the beloved daughter of our Holy Prophet Muhammad (s) and Sayyida Khadija(sa). She was born in the holy city of Makkah, on the 20th of Jamadi al Thani in the year 605 AD. Sayyida Fatimah (sa) was an obedient servant of Allah (swt), therefore she made sure to follow all the teachings of Islam from a very young age.

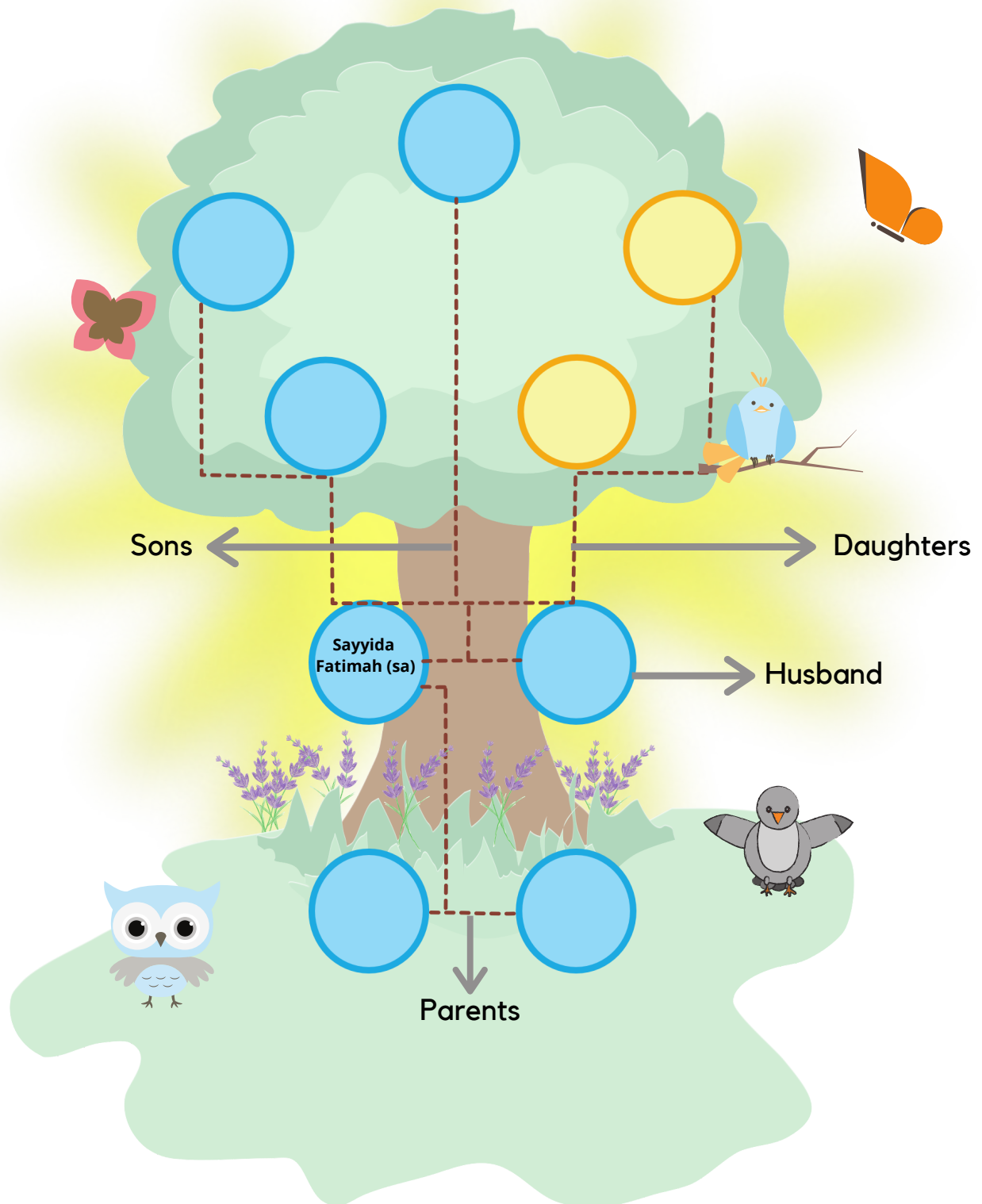


She also helped her father, Prophet Muhammad (s) in spreading the message of Allah (swt). When she got a little older, our Holy Prophet(s) married her to Imam Ali (as).

Sayyida Fatimah (sa) and Imam Ali (as) had 5 kids together. There were **3 boys** and **2 girls** in their family. They named their boys Hasan, Husayn and Mohsin. Whereas the girls were named Zainab and Umme Kulthum. Their sons, Hasan and Husayn are our 2nd and 3rd Imams. Unfortunately, their baby Mohsin passed away in a tragedy, which also took the life of his mother Sayyida Fatimah (sa) after a few days. Imam Ali(as) buried Sayyida Fatimah (sa) in Medina.

# Sayyida Fatimah's Family Tree

Place the names of  
Sayyida Fatimah's Family



# Family Tree Activity

Prophet  
Muhammad (s)

Sayyida  
Khadija (sa)

Imam  
Ali (as)

Baby  
Mohsin (as)

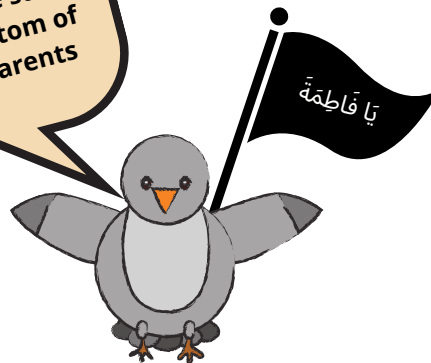
Imam  
Hasan (as)

Sayyida  
Zainab (sa)

Imam  
Husayn (as)

Umme  
Kulthum (sa)

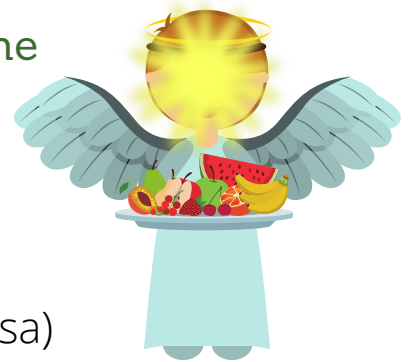
Cut out these names and glue it on the family tree in the right order. Make sure to start from the bottom of the tree, with her parents name!





# Food from Heaven

"And they feed, for the love of Allah, the poor, the orphan, and the captive."  
(Noble Qur'an, 76:8)



Throughout her life, Sayyida Fatimah (sa) remained very kind to poor people and orphans.

Sayyida Fatimah, and her family members, always made sure to help everyone and especially the needy around her. Fatimah (sa) performed these actions to gain Allah's love towards her.

Once, she kept 3 fasts with her family to fulfill a vow. During these 3 nights at the time of **iftar**, everyone offered their food to a poor person, an orphan, and a prisoner, who came to their door. Allah (swt) loved their actions so much that on the 3rd night, HE sent food for them from the Heavens and sent a whole chapter "**Surah Al-Insaan (The Man)**" in their praise. The verse above talks about their love for the poor and orphans.



# Love of Allah

Write 5 things you can do for the love of  
Allah!

A large heart shape outlined in thick black. Inside the heart, there are ten horizontal black lines of varying lengths, creating a space for writing. The lines are evenly spaced and extend from the inner edge of the heart's outline.

Allah loves those who  
listen to their parents  
and help them!



# A Precious Gift

One day Sayyida Fatimah (sa) came to her father, the Holy Prophet Muhammad (s), and asked him if he could provide her a maid, who could help her in the house chores. The Holy Prophet (s) asked her if she would be willing to learn something which could help her in this world and the hereafter.



Sayyida Fatimah (sa) became so excited to receive such a gift from her beloved father. The Prophet (s) then taught her about the **3 precious praises** for Allah(swt) to be read daily, but there was a secret number to which she had to read each praise.



Solve the problems and write the answers below to figure out the secret numbers for each praise.



$$20 \oplus 14$$



$$40 \ominus 7$$

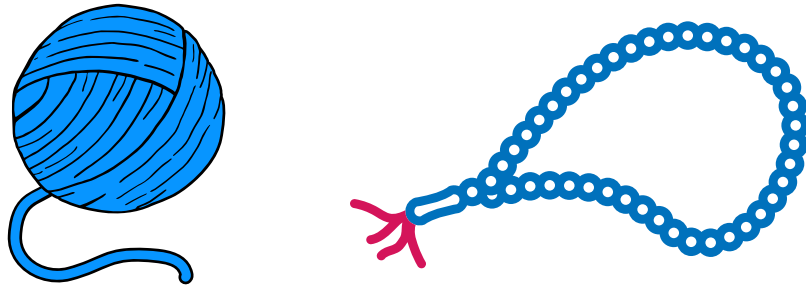


$$15 \oplus 18$$



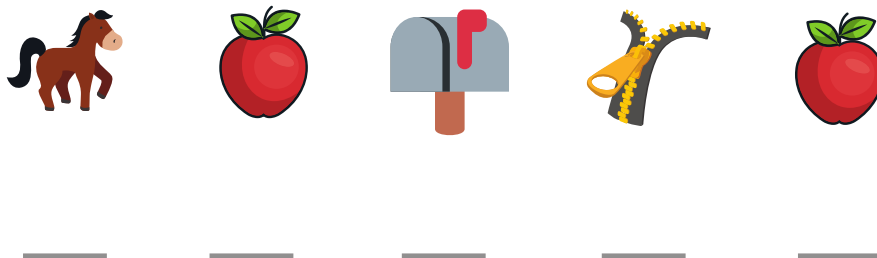
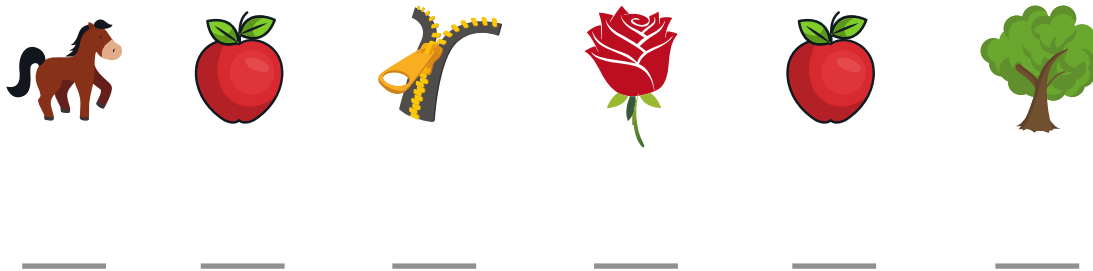


# Tasbeeh



A tasbeeh (rosary) is like a counter to help in keeping the count for anything. When Sayyida Fatimah (sa) figured out that those praises were supposed to be read in specific numbers, she made a tasbeeh. Her first tasbeeh was made from blue wool, and later she used the clay from the grave of Prophet Muhammad's (s) uncle.

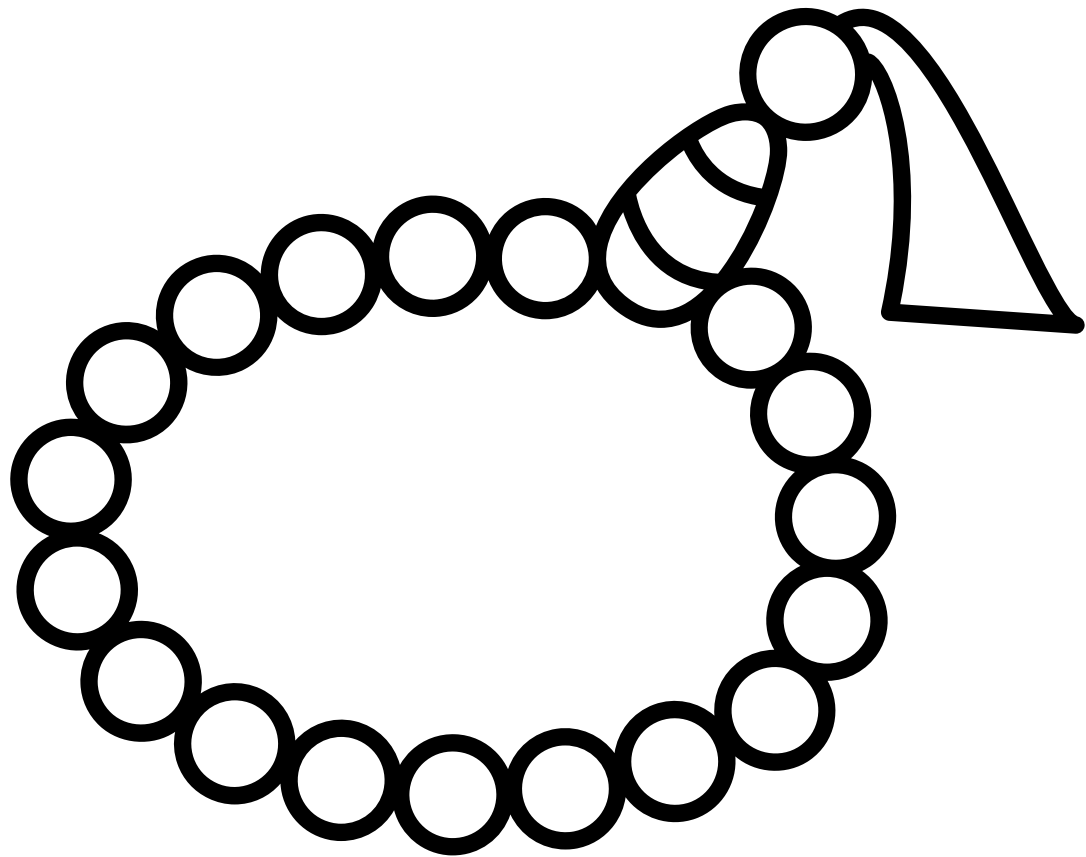
Write down the first letter of each picture to find out the name of Holy Prophet's uncle!



# Tasbeeh

"The tasbeeh of Fatimah (sa) after every wajib salah is more loved than praying 1,000 rakats every day."

-Imam Sadiq (as)



Color the tasbeeh and write the praises on the lines below !



34



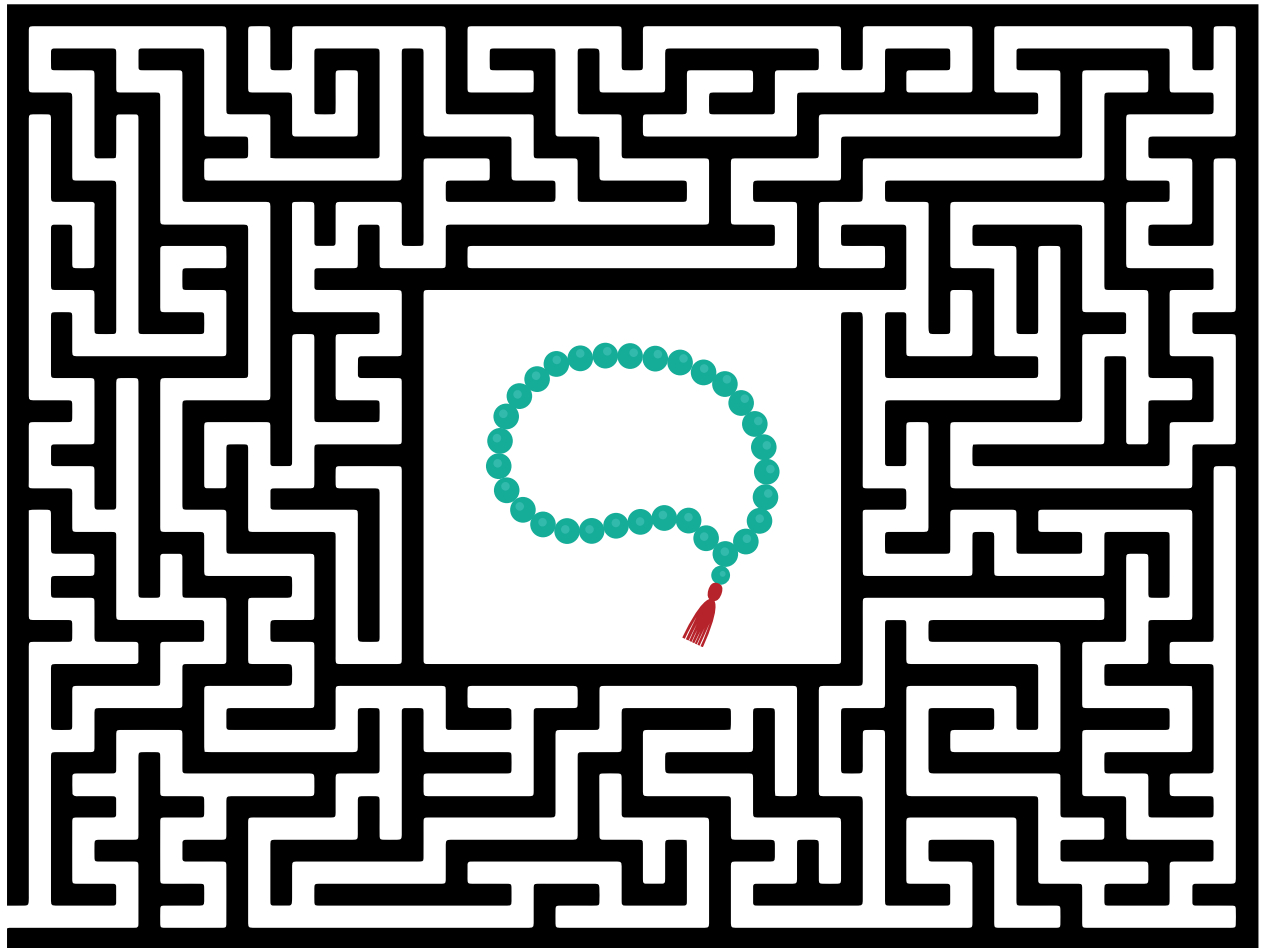
33



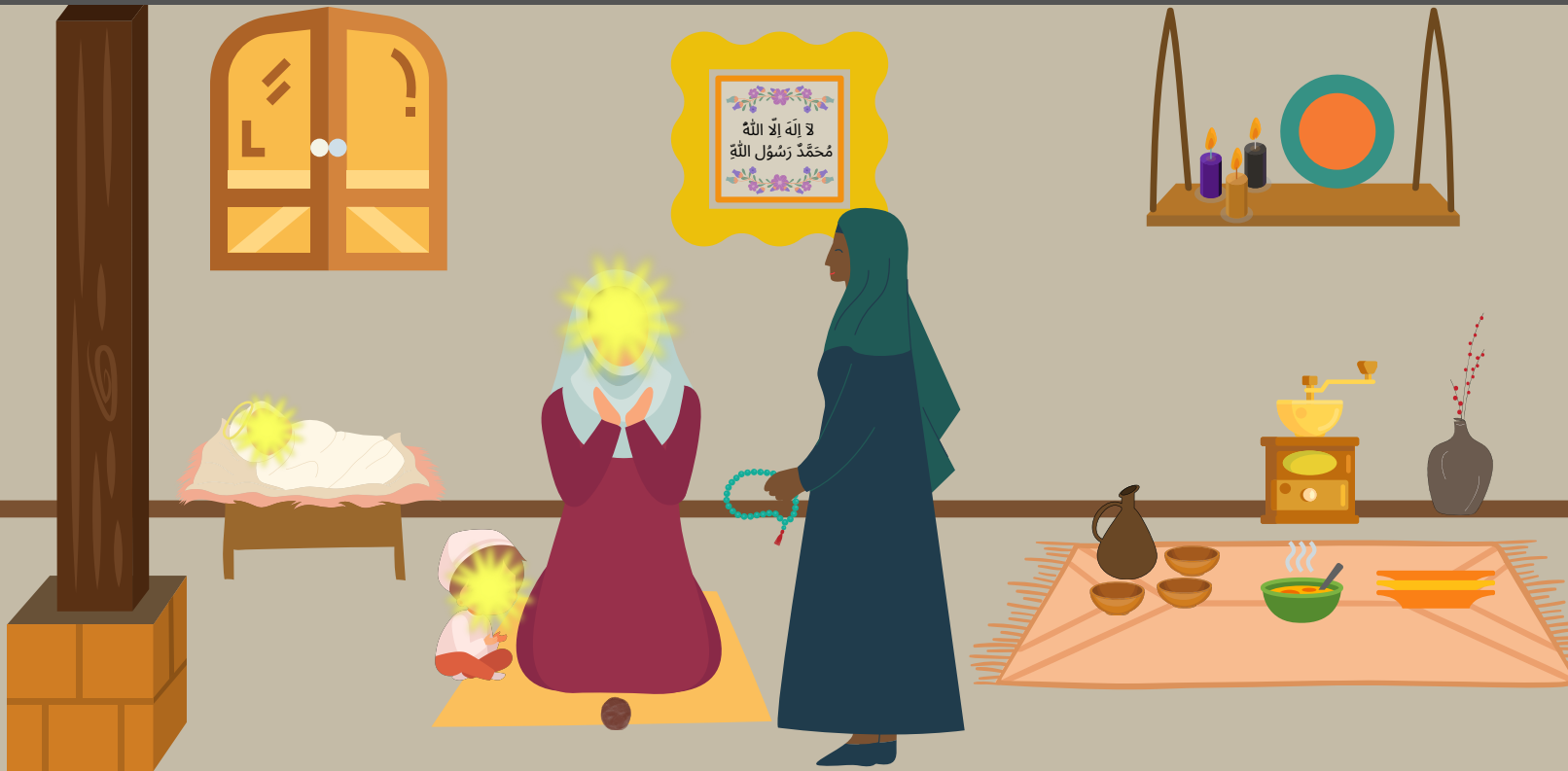
33

# Solve the Maze

Sayyida Fatimah (sa) has asked Lady Fizza to bring the tasbeeh. Help Lady Fizza in completing this task!



# A Loyal Helper



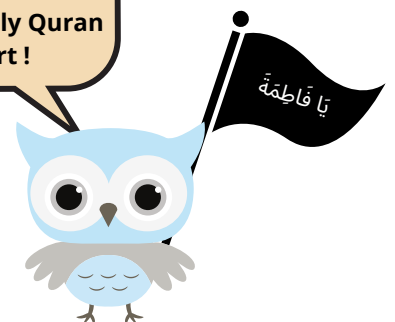
Along with teaching a glorious gift to Sayyida Fatimah (sa), the Holy Prophet (s) also gave her a very special maid name "**Lady Fizza**".

Lady Fizza had come from Abyssinia to Arabia as a slave where she was freed by the Holy Prophet (S). She was a very pious woman and helped the Prophet (s) and his wife before serving Sayyida Fatimah (sa).

Lady Fizza loved the Ahlul Kisa, family of Prophet Muhammad(s), therefore she learned a lot from them. Sayyida Fatimah (sa) was very kind towards Lady Fizza. If one day Lady Fizza would do the house work, the next day Sayyida Fatimah (sa) would let her rest.

Sayyida Fatimah (sa) also taught and helped her memorize the Holy Quran therefore Lady Fizza later in her life, only spoke from the verses of Holy Quran.

Did you know Sayyida Fatima (sa) knew the complete Holy Quran by heart !

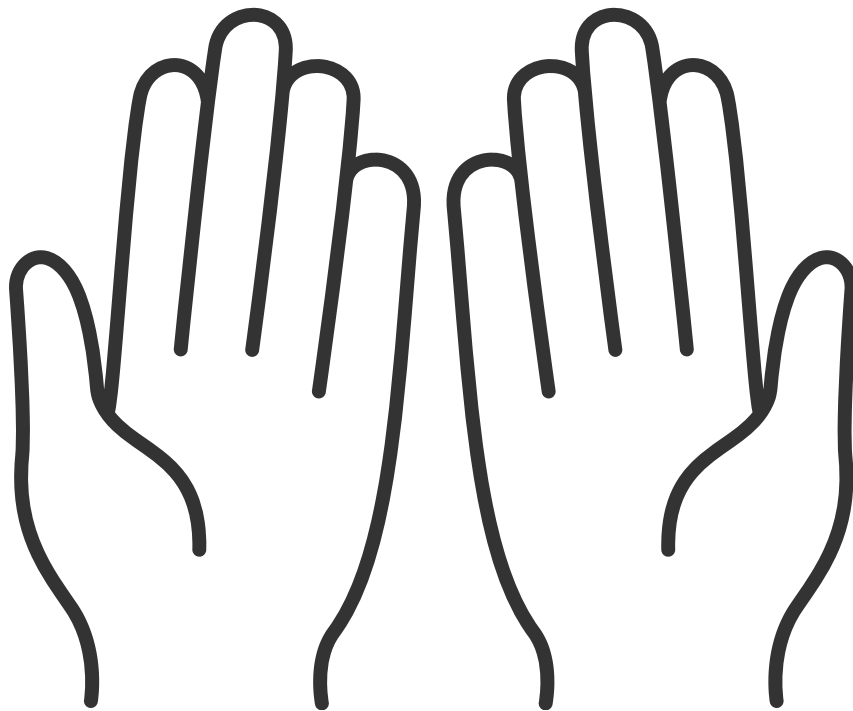


# Pray For Others

"Think of your neighbors (others) first, then your family."

-Sayyida Fatimah(sa)

**Write the names of people you would want to pray for first!**

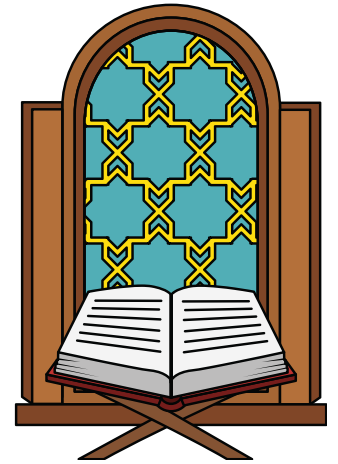


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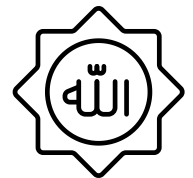
# This or That Quran Quiz

Sayyida Fatimah (sa) loved to read verses from the Holy Quran. Read the sentences below and check the correct answer about the Holy Quran!



## This or That

The Holy Quran is the words of



It was revealed to



Prophet  
Muhammad (s)



Prophet  
Adam (as)

The total number of Surahs (chapters)

114

140

Longest Surah (chapter) of Holy Quran



Surah Al-Fil  
(The Elephant)



Surah Al-Baqrah  
(The cow)

# A Good News

When the people of Makkah made fun of our Holy Prophet (s), after his son Ibrahim passed away, Allah (swt) sent a surah through angel Gabriel for his comfort. In that surah Allah (swt) gave him good news about the coming of Sayyida Fatimah (sa).

**Solve the problems to figure out the name of the surah which refers to Sayyida Fatimah(sa). Match the answer of each problem to the letters below and note it in the box.**

$11+8$

$24-3$

$7+11$

$17-16$

$6+2$

$6+5$

$2-1$

$20+3$

$10+10$

$16-8$

$4-3$

$9+9$



A  
1

B  
2

C  
3

D  
4

E  
5

F  
6

G  
7

H  
8

I  
9

J  
10

K  
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L  
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M  
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O  
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P  
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Q  
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R  
18

S  
19

T  
20

U  
21

V  
22

W  
23

X  
24

Y  
25

Z  
26

# This or That Quiz

Read the questions below and check the correct answer about Sayyida Fatimah's (sa) life !

## This or That

What was the gift from Holy Prophet(s) to her?



Prayer mat



Tasbeeh

From which Holy book did Sayyida Fatimah(sa) used to recite verses from?



Quran



Bible

Who was Sayyida Fatimah's(sa) first son ?



Imam Hussain(as)



Imam Hasan(as)

What was the namer of her helper?



Lady Fizza



Qamber

Where was Sayyida Fatimah(sa) born ?



Makkah



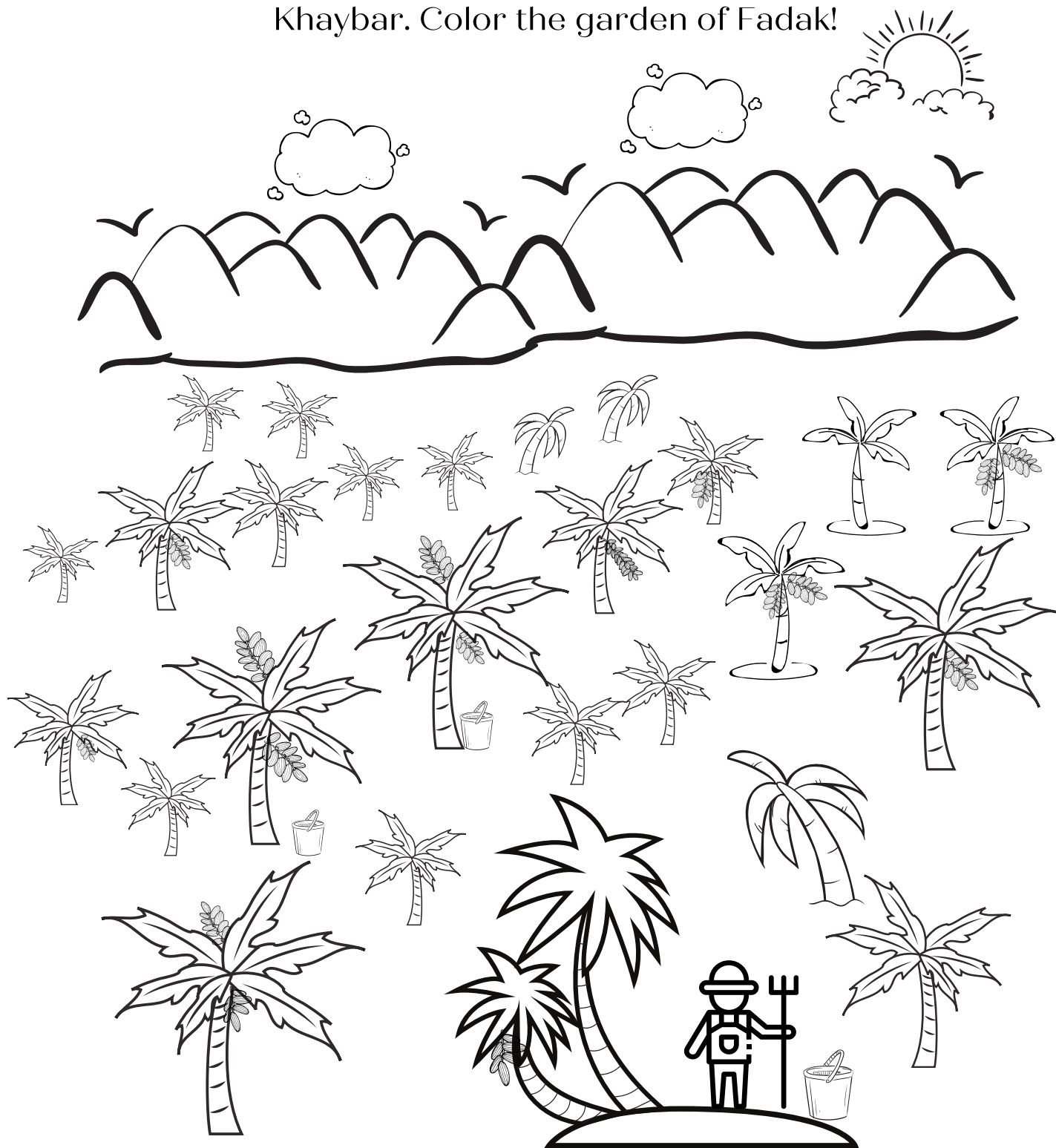
Medina



# The Garden of Fadak

The Holy Prophet(s) gifted Sayyida Fatimah(sa) a beautiful garden, which the Jews handed over to him after the battle of

Khaybar. Color the garden of Fadak!



# Word Search

Solve the word search!

Use the words from the Word Box.

U	B	R	E	P	L	E	H	K	O
B	P	A	Q	X	U	A	E	A	B
S	M	P	U	S	F	L	E	F	P
R	U	O	R	U	P	K	B	C	I
H	S	B	A	B	R	A	S	I	C
T	L	L	N	F	A	D	A	K	K
U	I	K	C	T	Y	I	T	O	J
R	M	D	Q	U	E	E	N	M	U
T	L	M	E	D	I	N	A	I	D
E	H	A	N	D	M	I	L	L	N

## Word Box

Tasbeeh    Quran    Muslim    Fadak    Medina

Handmill    Queen    Helper    Pray    Truth

# Queen of the Heavens

"Surely my daughter Fatimah is the Queen of all women from the beginning (creation of humankind) to the end (day of judgement)."

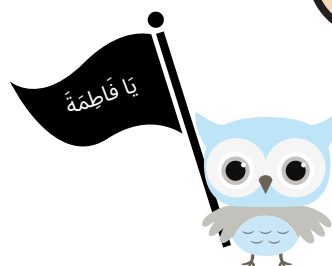
-Prophet Muhammad (s)



Do you know the name of the first woman, created by Allah (swt)?

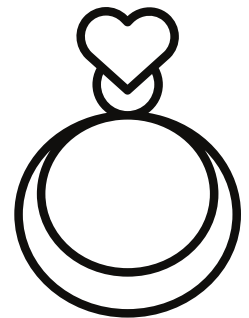
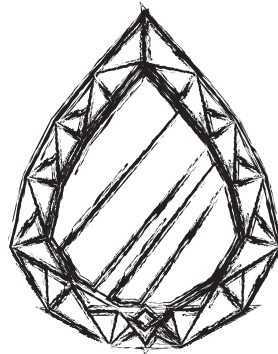
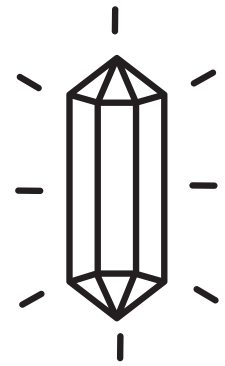
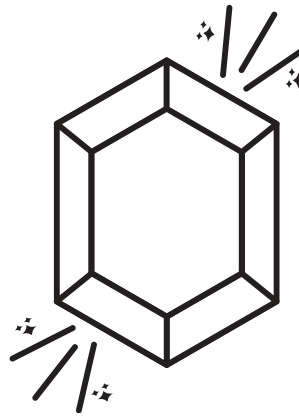
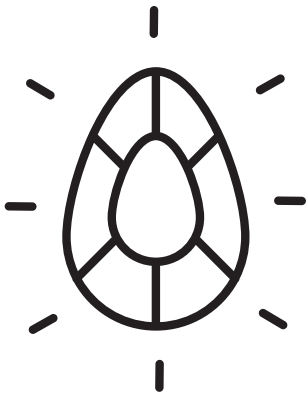
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**Hint:** She was the wife of Prophet Adam (as)



# Beautiful Names

Color the stones and write some of the beautiful names of Sayyida Fatimah (sa)



Al-Siddiqah

Al-Batool

Az-Zakiyyah

Al-Adhra

At-Taherah

Ar-Radhiah

# Al-Muhaddathah

Amongst the beautiful names of Sayyida Fatimah(sa), one is Al-Muhaddathah. This means the one who spoke to angels. After the death of Holy Prophet(s), Sayyida Fatimah(sa) used to miss him a lot. She used to cry day and night in the memory of her father.

Allah(swt) sent an angel who used to talk and comfort her. With the permission of Allah(swt) the angel told her all that has to happen until the day of judgement. This wasn't the first time Allah(swt) had sent an angel on a woman to help and comfort her.

**Write down the first letter of each picture to find out the name of the other lady, upon whom Allah(swt) had sent the angel for her comfort.**



\_\_\_\_\_



\_\_\_\_\_

# An Angel from Heaven

Color the angel, and complete the activity below!



Find out the name of the angel who used to visit

Sayyida Fatimah(sa) !



\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

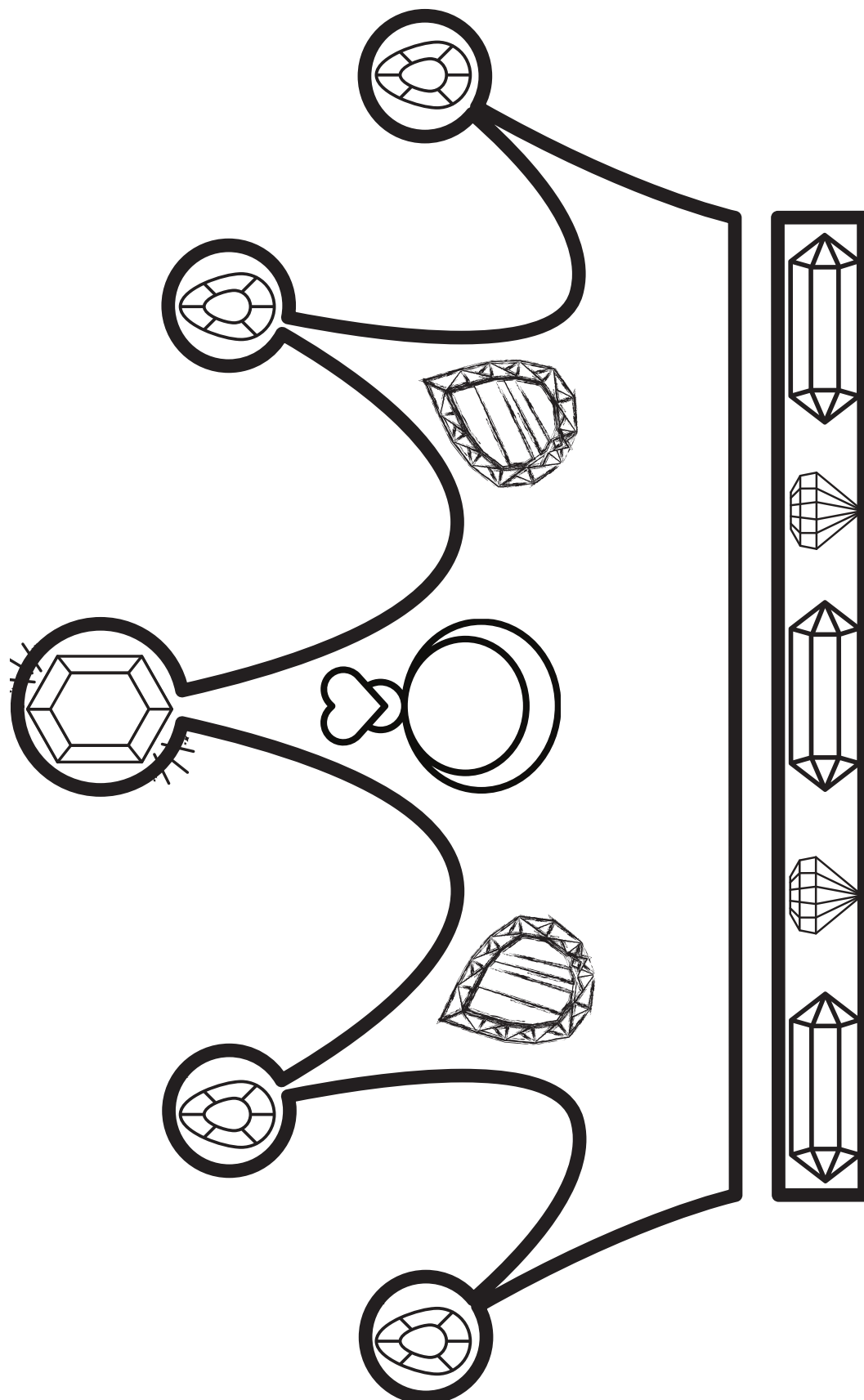
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\_\_\_\_\_

\_\_\_\_\_

# Crown for Sayyida Fatimah(sa)

Color and decorate the crown for Sayyida Fatimah(sa) !



# A Tragedy

Allah ordered the Holy Prophet Muhammad (s) to appoint Imam Ali(as) as the leader for the rest of the ummah. He obeyed Allah's order and told everyone who will be the leader for them afterwards. But sadly not all the muslims were happy with this announcement.



Shortly after that, our Prophet (s) was poisoned and then Sayyida Fatimah(sa) became the biggest supporter of Imam Ali's rights.

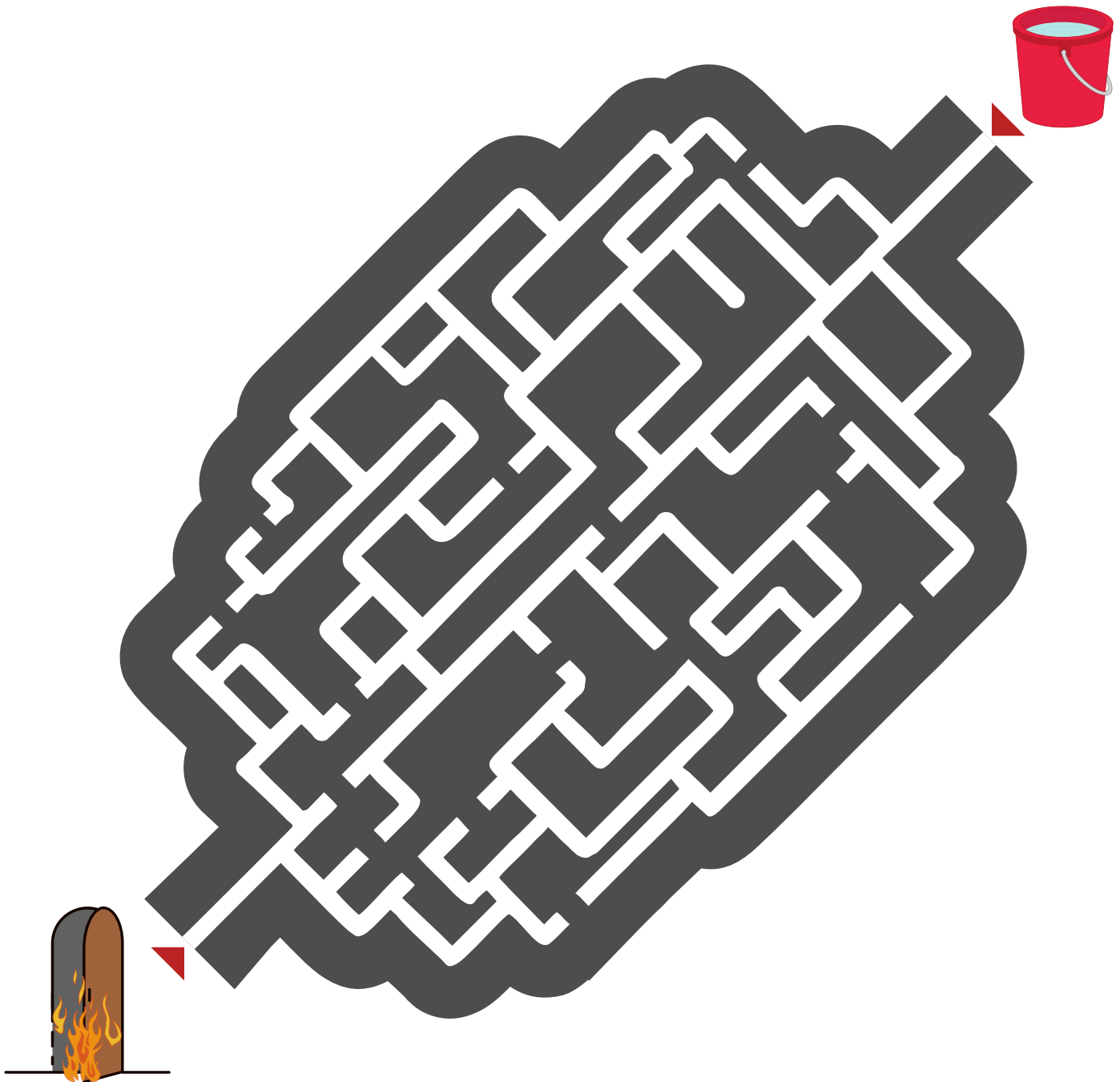
However some Muslims chose another leader because they thought Imam Ali(as) was too young and jolly and therefore he can't lead them.\*

These Muslims wanted Sayyida Fatima(sa) to support them and not Imam Ali(as) so they attacked her house. They dragged Imam Ali(as) out and brought him to the court. Unfortunately, they hurt Sayyida Fatimah(sa) in this attack and she lost her baby Mohsin(as). After a few days she passed away due to those injuries.



# Solve the Maze

Sayyida Fatimah's (sa) house is on fire, bring the water bucket quickly to help put the fire out.



# Lessons From Sayyida Fatimah (sa)

The life of Sayyida Fatimah (sa) teaches us many lessons. As a follower and lover of Ahlulbait (as) we should try to focus on these lessons and practice them in our daily lives.

## Obey Allah

Sayyida Fatimah (sa) was a loving servant to Allah (swt). She followed and obeyed all the teachings of Islam for the love and pleasure of Allah (swt).

## Speak the Truth

She was never afraid of anyone in speaking the truth. Sayyida Fatimah (sa) knew Allah loves the one who speaks the truth and she performed all those actions to gain the love of Allah.

## Read The Quran

Her two most favorite things in life were reading the Holy Quran and looking at the face of Holy Prophet (s). Sayyida Fatimah (sa) taught Holy Quran to many of the ladies, who were her students.

## Respect Parents

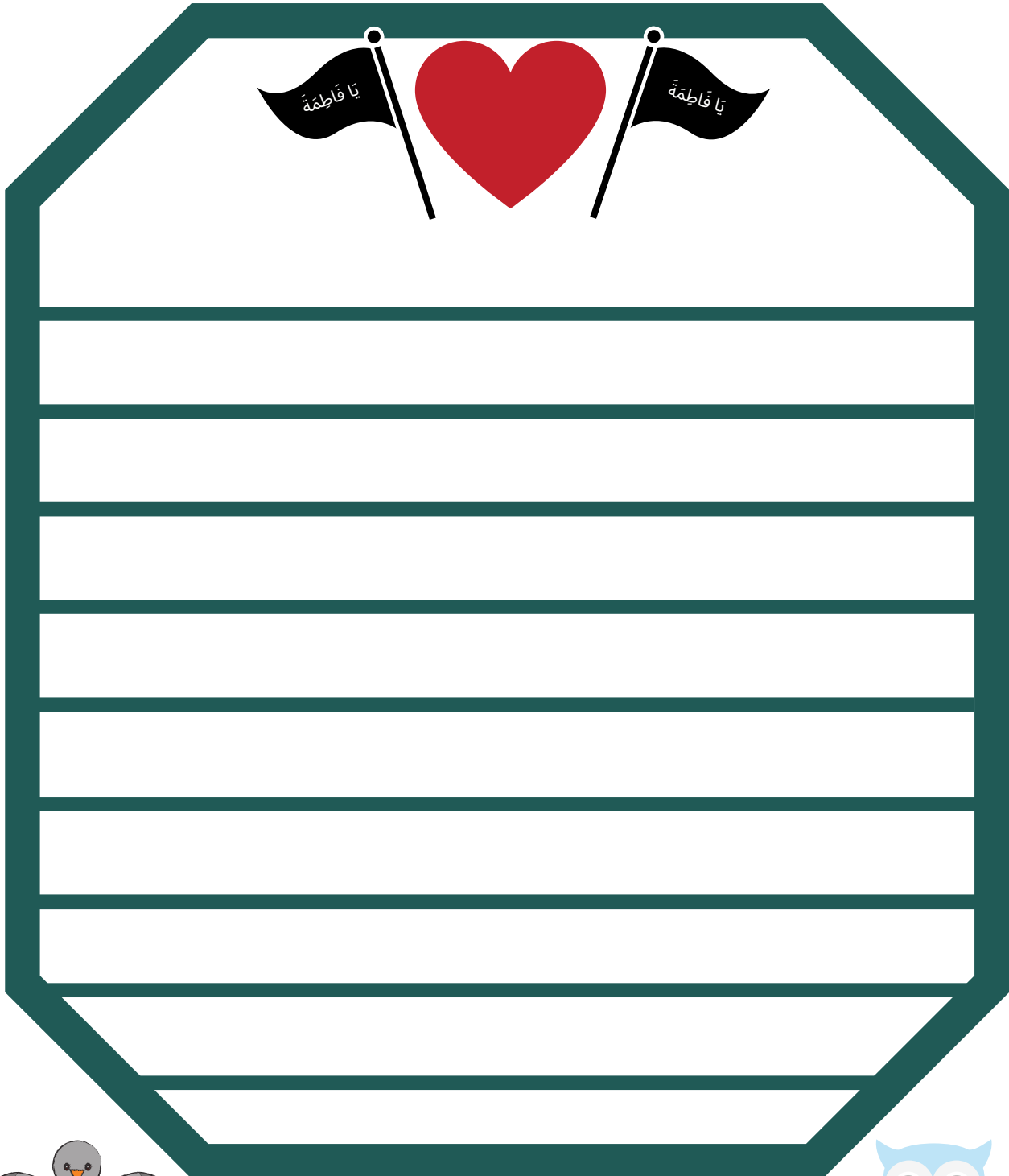
Sayyida Fatimah (sa) used to love her parents a lot. She lost her mother in young age that is why she became very close to her father, Prophet Muhammad (s). Because of her love and care towards her father, Holy Prophet (s) used to call her **Umme Abiha**, which means "**Mother of her Father**".

## Being Thankful

She went through with a lot of hardships and most difficult times but she never complaint to Prophet Muhammad (s) or to her husband, Imam Ali(as). More importantly she always remained thankful to Allah (swt).

# A Promise To Our Mother

Write a letter to Sayyida Fatimah (sa), our Spiritual Mother, about what things you can follow from her life lessons. Email us a picture of this page and it will be posted on our instagram/ FB account!



Email: [reflect.fourteen@gmail.com](mailto:reflect.fourteen@gmail.com)







"The most beloved of my family  
to me is Fatimah."

-Prophet Muhammad (s)

(Kenz Al-Omal, v. 13, p. 93)